



RULES

K-1 Grade Boys and K-1 Grade Girls Divisions 2009-2010

**Both divisions will use 8ft hoop
and Jr Size Ball (27.5 inch)**

1. Each team needs to find a volunteer scorekeeper to run the scoreboard.
2. IHSA basketball rules apply with a few exceptions:
 - A. Full court pressure may NEVER be used. The officials will not call every travel or double dribble. They will, as the season goes on, start calling these violations closer. They will use their judgment and try to instill the spirit of the games rules the best they can. Be patient the kids are just learning.
 - B. On some weeks, at the beginning of the game both teams will line up and shoot free throws. Each made basket will be counted toward the score for their team. Each player gets only one shot regardless of the number of players in attendance.
 - C. Each player in the game will wear a colored wristband, which will determine who that player guards. They can only guard the player who has the same wristband color as they have on. This prevents five players from guarding the ball at all times.
 - D. No free throws will be shot for fouls. The team fouled will get the ball out of bounds.
3. All games will consist of 4—8 minute quarters with a running clock. The clock will stop at all timeouts and in the last 1:00 minute of each half.
4. Each team will get three (1 minute) timeouts for the entire game.
5. Any games disputes will be handled and decided by the referee.
6. A technical foul by any player or coach will result in removal from the program for the remainder of the year. This is a K-1 league and should be seen as a development league. Winning and losing should not be a concern at this level. The goal is to simply introduce the kids to the game of basketball and let them have some fun while learning the rules and skills of the game.
7. All players should play at least 2 full quarters of the game. Substitutions can only be made at the end of each quarter or halftime. The only exception is if a player becomes hurt.
8. NO jewelry of any kind can be worn. (Earrings, watches, necklaces, bracelets, etc)
9. Have fun and teach them the rules and skills of the game!