

TUMBLING

With
Jon Williams



2003 World Tumbling & Trampoline Age-Group Team Coach
2006 USAG Region 4 Tumbling Clinician

Class Schedule & Rates-2009

Jon Williams is going to Russia to Coach the "World Age Group Championships" November 12 thru 22

Monday	4:00 - 5:30 pm	Intermediate / Advanced (90 Minutes)			
	5:00 - 6:00 pm	Intermediate / Advanced (60 Minutes)			
	5:00 - 6:00 pm	Beginners			
Beginner & 60 Min. Inter / Adv:		September (2 wks) (No Classes 9/7, 9/28)	October (4 wks)	November (4 wks) (No Class 11/16)	December (3 wks) (No Class 12/28)
	Resident	15.00	30.00	30.00	22.50
	Non Resident	19.50	39.00	39.00	29.25
90 Min. Inter/ Advanced Rates:					
	Resident	21.75	43.50	43.50	33.75
	Non Resident	28.25	56.50	56.50	43.75

Tuesday	4:00 - 5:30 pm	Intermediate / Advanced (90 Minutes)			
	5:00 - 6:00 pm	Intermediate / Advanced (60 Minutes)			
	5:30 - 6:30 pm	Beginners			
Beginner & 60 Min. Inter / Adv:		September (5 wks)	October (4 wks)	November (3 wks) (No Class 11/17)	December (4 wks) (No Class 12/29)
	Resident	37.50	30.00	22.50	30.00
	Non Resident	48.75	39.00	29.25	39.00
90 Min. Inter/ Advanced Rates:					
	Resident	56.25	43.50	33.75	43.50
	Non Resident	73.00	56.50	43.75	56.50

Wednesday—For the MONTH of NOVEMBER ONLY—Tumbling Tots
Classes on November 4, 11, & 25 –No classes on Wednesday 11/18
10:30 – 11:15 AM TUMBLING TOTS—ONLY

	Resident	\$17.25
	Non-Resident	\$22.50

Thursday	4:00 - 4:45 pm	Tumbling Tots			
	4:15 - 5:15 pm	Intermediate / Advanced (60 Minutes)			
	4:15 - 5:45 pm	Intermediate / Advanced (90 Minutes)			
	5:15 - 6:15 pm	Beginners			
Beginner & 60 Min. Inter / Adv:		September (3 wks) (No class 9/24)	October (5 wks)	November	December (3 wks) (No Class 12/24, 12/31)
	Resident	22.50	37.50	No Classes	22.50
	Non Resident	29.25	48.75	No Classes	29.25
90 Min. Inter/ Advanced Rates:					
	Resident	33.75	56.25	No Classes	33.75
	Non Resident	43.75	73.00	No Classes	43.75
Tumbling Tots Rates:					
	Resident	17.25	28.75	See Wednesday	17.25
	Non Resident	22.50	37.50	See Wednesday	22.50

Fridays Cont→→

Friday	11:00 - 11:45 am	Tumbling Tots		
<u>Tumbling Tots Rates:</u>	September (3 wks) (No Class 9/25)	October (5 wks)	November	December (3 wks) (No Classes 12/25)
Resident	17.25	28.75	See Wednesday	17.25
Non Resident	22.50	37.50	See Wednesday	22.50

Class Descriptions

Tumbling Tots (45 minute class)

- Designed for children ages 4 and under. Parents will be on the mat with their child.

Beginners (60 minute class)

- For ages 5 and up

Intermediate / Advanced (90 minute class)

- Students must be able to complete a round-off and 3 back hand springs before attending this class.

Multi-Student Discount - \$7 off!

Applicable when additional members of household are enrolled for the same month.

First student must be paid at full rate each month before discount can apply.

New students registering after the beginning of a session will be charged a prorated amount. **No other credit will be given for missed classes unless canceled by Jon Williams or the Park District.**

Registrations:

Be sure to let us know class, day, time and a daytime phone number

****Payment is required MONTHLY prior to attending class****

By Mail or In Person:

Fon du Lac Park District Administration Center
 201 Veterans Drive
 East Peoria, IL 61611
 (Across from Monical's restaurant)

By Phone:

Call 699-3923
 VISA / MasterCard accepted

**Classes are held at
 Homewood Heights
 107 Riverview Drive, Creve Coeur**