



**309-699-3923**

201 VETERANS DR  
EAST PEORIA, IL 61611

# FON DU LAC PARK DISTRICT SENIOR NEWSLETTER

**January, February, March 2024**

**HAPPY NEW YEAR EVERYONE!**

It's time to start over with a fresh new beginning, dream big about our ambitions and bond more with our dear relatives and friends. No age is too golden to create golden goals and New Year's resolutions. As you make your resolutions and goals for the new year, I hope joining us here at Fon du Lac Park District will be one of them. Don't let the winter blues get you, come out and enjoy some time with new friends and old ones, too.

I would like to express my heartfelt thanks for all your cooperation, positivity, and support, without you our program wouldn't be the same. If you have not filled out an emergency form to have on file, please do so. This will give me a contact number for you in the event something happens.

Just a reminder as we approach our winter months, if Fon Du Lac Park District closes due to inclement weather, all senior programs will be closed as well. If the announcement is made and we are scheduled for a program or an outing, a credit will be given for that day. You can see the closing announcement by watching the scrolling marquee on the local TV channels, WHOI19, WMBD31 & WEEK25, and by visiting our Fon du Lac Park District Facebook page.

One final thought as we say goodbye to 2023.

Have a sparkling and Happy New Year with this wish from me to you. May the New Year bless you with health, wealth, happiness, and new adventures around every corner. So out with the old and in with the new, here's hoping you make the best of 2024!

Wishing you and yours peace, joy, and prosperity in the New Year. Stay safe and well, *Jackie*



**Jackie Gorrell**

Adult Program Coordinator

Office Hours: Monday – Friday

10:00am – 2:00pm

Phone: (309) 699-3923

Email: jackie@fondulacpark.com



**FEELING SICK?**

**PLEASE STAY HOME**



**TAKE NOTE:** The Fon du Lac Park District Administration Center will be closed Monday, January 1, 2024 in observance of New Year's Day, Monday, January 15 in observance of Martin Luther King Jr. Day and Monday, February 19 in observance of President's Day.

## Owl in Winter, an Evening Scene Painting with Joe

This is a fun acrylic painting for any level artist. Joe brings everything you need for a fun morning of painting. Please sign up by January 18.

Date: Tuesday, January 23  
Time: 10:00am – 12:00pm  
Cost: \$23.00 (supplies included)  
Held in Room F



## Create TWO Brilliant Paint Pouring Paintings

This is a longtime favorite! Create amazing paintings using this fun process that results in terrific effects. Every painting is unique. Joe brings everything for to create TWO paintings. Keep one, give one as a personal gift. Just \$26 for two paintings. Please sign up by February 15.

Date: Tuesday, February 20  
Time: 10:00am – 12:00pm  
Cost: \$26.00 (supplies included)  
Held in Room F



## Egg Harbor, Door County, Wisconsin Ink and Watercolor

Joe takes you back to one of his favorite places for this classic Wisconsin scene. This is a special watercolor technique that also includes ink that achieves terrific results suitable for framing! Everything is provided. Just come ready to have a good time. Please sign up by February 29.

Date: Tuesday, March 5  
Time: 10:00am – 12:00pm  
Cost: \$23.00 (supplies included)  
Held in Room F



## Northern Illinois Rolling Hills Watercolor

This is a beautiful watercolor that is great for any skill level. Just bring yourself ready to enjoy a relaxing morning painting a great landscape. Joe will bring everything you need. Please sign up by March 14.

Date: Tuesday, March 19  
Time: 10:00am – 12:00pm  
Cost: \$23.00 (supplies included)  
Held in Room F







**If it's Tuesday and we are open,  
it's BINGO!**

**January 2**

Sponsored by Fon du Lac Park District

**January 9**

Sponsored by Synergy Home Care

**January 16**

Sponsored by Saxony Court

**January 23**

Sponsored by Liberty Village Pekin

**February 6**

Sponsored by Oak Street Health & Humana

**February 13**

Sponsored by Serenity Assisted Living

**February 20**

Sponsored by Hallmark Health Care of Pekin

**March 5**

Sponsored by Evergreen

**March 12**

Sponsored by Synergy Home Care

**March 19**

Sponsored by Saxony Court

Dates: Tuesdays

Time: 1:00 – 2:30pm

Cost: \$2.00 per date – Held in Room M



**Hand & Foot**

(Card Game)

Mondays, 1:00 – 3:00pm

Held in Room A

Beginners welcome!!

**No Hand & Foot on Jan 1, Jan 15, or Feb 19**

**Samba**

(Card Game)

Tuesdays & Thursdays, 10:00am – 12:30pm

Held in Room A

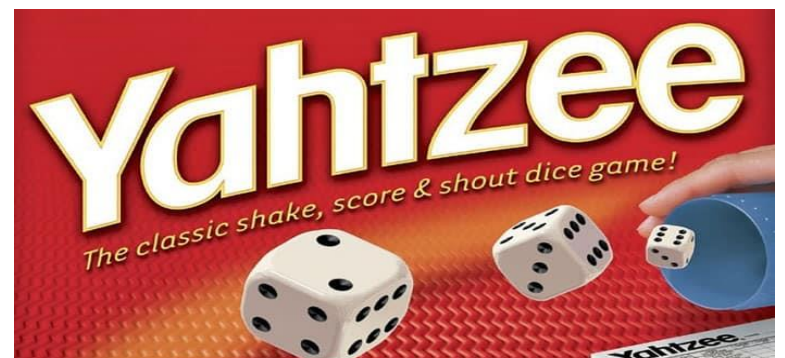
Beginners welcome!!

**Mahjong**

(Tile Game)

Wednesdays, 9:00am – 12:00pm

Held in Room A



Dates: Thursdays, Jan 4, 11, 18, 25, Feb 1, 8, 15  
Feb 22, 29, Mar 7, 14, 21, 28

**Time: 12:00 – 2:00pm \*\*NEW TIME**

Cost: No Cost

Held in Room M



**BINGO & BREAKFAST**

Date: Tuesdays – Jan 30, Feb 27, Mar 26

Time: 9:30 – 11:30am

Cost: \$4.00 per date – Held in Room M

**PLEASE MAKE SURE TO SIGN UP A WEEK IN ADVANCE**

**Sponsored by Brandon Wood Retirement Ctr. &  
Interim HealthCare**



## Something Rotten! – Peoria Players

Welcome to the Renaissance, where the Black Plague has ceded power to the Puritans, farthingales and codpieces are the latest fashion trend, and the biggest celebrity in England is a playwright named William Shakespeare. In the midst of all this excitement, brothers Nick and Nigel Bottom are trying to keep their acting company afloat. In a desperate attempt to out-Bard the Bard, Nick consults with a soothsayer, who informs him that the future of theatre involves acting, singing, and dancing -- sometimes all at once! As the Bottom brothers strive to write the world's very first "musical," they find themselves caught in a bitter battle with the Bard, and for the Bard, the play's the thing! With hysterical dialogue and situations, and music ranging from Gospel, to ballads, to rock, *Something Rotten!* is a joyous celebration of everything you love about Broadway. Please register and pay by January 8. **No refunds after January 9.**

Date: Thursday, February 8

Time: 6:45 – 10:00pm (Approx.)

Cost: \$26.00 – Includes transportation and ticket



## Circa '21, Rock Island Church Basement Ladies

The Ladies are back with the musical that started it all! The church basement kitchen throughout much of America is often the heart and soul of any church. In Church Basement Ladies we meet the pastor, three kitchen cooks and one daughter who run the kitchen and care for the congregation by preparing and serving the food. Like any great kitchen, problems are solved here as well. We see the four women handle a Lutefisk dinner, a funeral, an Easter fundraiser, and a wedding. They stave off potential disasters, have fun, share and debate recipes, instruct the young, and keep the pastor on due course. This musical comedy based on recipes, food, and changes in the church is funny, heartwarming, and down to earth. It will bring back memories of many people you know from churches everywhere. Must be signed up and paid by March 11.

**No refunds after March 12.**

Date: Wednesday, March 27

Time: 8:30am – 6:30pm (Approx.)

Cost: \$85.00 – Ticket price for matinee performance includes transportation, meal, dessert, show, gratuity and choice of water, tea, or coffee to drink. Any other beverages or appetizers, and additional gratuity are on your own.





COME FOR THE MORNING, STAY FOR THE DAY!  
Please join us as we attend Senior Day at the Peoria Riverfront Museum which is held on the third Wednesday of each month. Members and seniors 60+ can enjoy all exhibitions and daytime planetarium shows for free. At 10am Coffee and Pastries are offered followed by a 10:30am discussion in the Gilmore Auditorium. Please sign up by January 12.

Date: Wednesday, January 17  
Time: 9:30am – 12:30pm (Approx.)  
Cost: \$2.00 – For transportation



## SAXONY COURT

SENIOR LIVING

Come join us as we travel to Saxony Court  
Senior Living here in East Peoria.

### Bowling

Date: Thursday, January 25  
Time: 9:30 – 11:30am (Approx.)  
Cost: \$2.00 – Per date for Transportation

### Live Music - TBD

Date: Thursday, February 15  
Time: 5:30 – 7:30pm (Approx.)  
Cost: \$2.00 – Per date for Transportation

### Live Music - TBD

Date: Thursday, March 14  
Time: 5:30 – 7:30pm (Approx.)  
Cost: \$2.00 – Per date for Transportation

## Thrift Shopping in Peoria

Let's hope the snow stays away so we can go thrifting/antiquing around the Peoria area. We will hit as many places as we can to see who has the best bargains. We will stop for lunch along the way.



Date: Wednesday, January 31  
Time: 9:30am – 3:30pm (Approx.)  
Cost: \$10.00 – Plus your meal  
Please sign up by January 24 (10 person max)

## Antiquing and Lunch



If you enjoy a day of antiquing, there are two places we can visit. We will start off at the Pleasant Hill Antique Mall and then make our way to the Delavan An-Teek Mall. Lunch stop will be at Avanti's in Pekin.

Date: Monday, February 26  
Time: 10:00am – 4:00pm (Approx.)  
Cost: \$10.00 – Plus your meal  
Please sign up by February 19 (10 person max)

## Shopping in Bloomington!

We are off to Bloomington/Normal again to hit those thrift stores in hopes to get the bargain of the day. Who will get the best bargain I wonder?



Date: Friday, March 22  
Time: 9:30am – 3:30pm (Approx.)  
Cost: \$18.00 – Plus your meal  
Please sign up by March 14 (10 person min.)

## Memory Therapy What am I?



What can you remember? We will be trying to figure out the pictures and guess the items. Some may be too easy, and some may be too hard, you decide when you join me for this memory therapy.

Date: Wednesday, January 24

Time: 10:30 – 11:30am

Cost: \$2.00 – Snacks and Drinks provided

Held in Room M

## Memory Therapy Brain Teasers



THINK! THINK! Time to put your thinking caps on as we get our brains working on these brain teasers.

Date: Wednesday, February 21

Time: 10:30 – 11:30am

Cost: \$2.00 – Snacks and Drinks provided

Held in Room M

## Memory Therapy Blankety Blank game



We will try this again. This is going to be fun as we play Blankety Blank and see how many you can get right.

Date: Wednesday, March 6

Time: 10:30am – 11:30am

Cost: \$2.00 – Snacks and Drinks provided

Held in Room M

## New Years Social



Come Celebrate the New Year with us! Join us for lunch, drinks (non-alcoholic), and games. Please sign up by December 28.

Date: Wednesday, January 3

Time: 11:30am – 1:30pm

Cost: \$5.00 – Lunch provided

Held in Room F

## Valentine's Day

Join St. Francis Woods and I, to celebrate our friendship! We will eat lunch, play games, and enjoy each other's company for Valentine's Day.

Date: Wednesday, February 14

Time: 11:30am – 1:30pm

Cost: \$5.00 – Lunch provided

Held in Room F



## File of Life

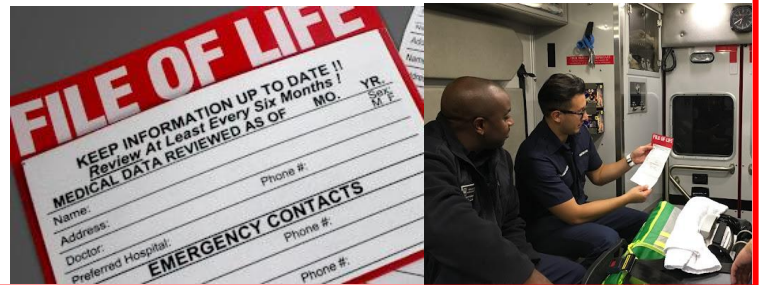
Deputy Nathan Hastings, from the Tazewell County Sheriff's Department will be talking to us about the File of Life program. He will help us set up a File of Life of our own in the case of an emergency. File of Life is a Non-Profit Organization Promoting a Life-Saving Program.

Date: Wednesday, February 7

Time: 10:30 – 11:30am

Cost: Free – Please sign up by February 2

Held in room F



## Just for Fun Coffee Painting

Coffee isn't just for drinking anymore, you can also paint with it. We will see how many different shades of browns we can make as we mix coffee and water to make our paint. I will provide all the supplies; you just need to bring your creativity. Please sign up by January 5.

Date: Tuesday, January 9

Time: 10:30 – 11:30am (Approx.)

Cost: \$3.00 (Supplies included)

Held in Room M



## Crafty with Jackie

### Keychains



We will be making two cute keychains. Keep one for yourself and share the other or just keep both. The keychain will be similar to the picture (color and size will vary).

Date: Friday, February 23

Time: 10:30 – 11:30am

Cost: \$6.00 (Supplies included)

Held in Room A

## Card Stamping with Lori

Feeling creative but needing some instruction? This class is perfect for you! Follow the instructor's directions to create lovely cards ready to mail. All levels of experience are welcome in this class. Brought to you by Lori Helvick with Stampin' Up! Lori is a creative coach, offering fresh rubber-stamping ideas and encouragement in creating cards. We will be making two birthday cards similar to the picture. All supplies provided. Please sign up by January 12.

Date: Friday, January 19

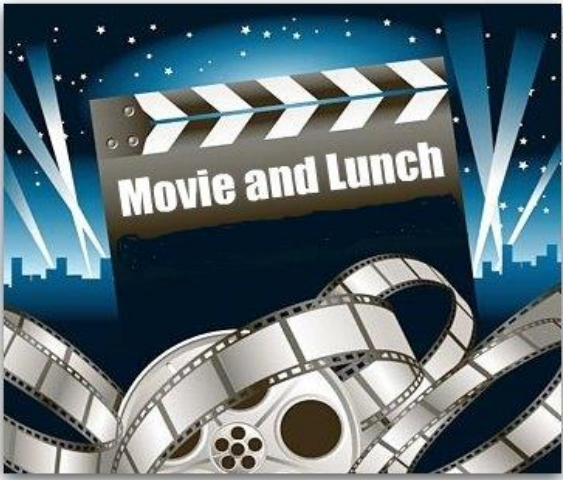
Time: 1:00 – 2:00pm (Approx.)

Cost: \$6.00 (Supplies included)

Held in Room A







Movie Dates	Title	Rating & Time
Monday, Jan 29	Sister Act 2: Back in the Habit	PG • 1h 48m
Monday, Feb 12	Mrs. Harris Goes to Paris	PG • 1h 46m
Monday, Mar 18	Senior Moment	NR • 1h 32m

Time: 10:30am – 1:30pm (Approx.)

Cost: \$5.00 per date

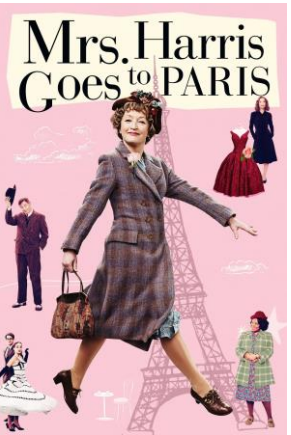
Enjoy popcorn and drinks during the movie. Lunch after movie is sponsored by Washington Senior Living

**PLEASE NOTE: You must be registered by the Wednesday before the movie day. Walk ins will NOT be accepted.**



**Monday, Jan 29 • Sister Act 2: Back in the Habit (1993) • Family, Comedy, Music**

Everybody's favorite nun is back in the habit. This time, Deloris Van Cartier goes undercover as Sister Mary Clarence at a troubled inner-city school. Equipped with a melody-marching lesson plan, she brings the gift of laughter, the power of music and a touch of heavenly inspiration to the classroom...before the streetwise students discover who she really is.



**Monday, Feb 12 • Mrs. Harris Goes to Paris (2022) • Comedy, Drama**

In 1950s London, a widowed cleaning lady falls madly in love with a couture Dior dress, deciding she must have one of her own. After working to raise the funds to pursue her dream, she embarks on an adventure to Paris that will change not only her own outlook -- but the very future of the House of Dior.



**Monday, Mar 18 • Senior Moment (2021) • Comedy, Drama, Romance**

After drag racing his vintage convertible around Palm Springs, a retired NASA test pilot (William Shatner) loses his license. Forced to take public transportation, he meets Caroline (Jean Smart) and learns to navigate love and life again.

**All movies are held at the Fon du Lac Park District Administration Center in Room M**



**Weigh In Now**

### **Come Join Our Weight Loss Group**

Join us for our program that we've designed to provide accountability and support no matter where you are on your journey. Programs, speakers, contests, and incentives, along with great camaraderie will only bolster your efforts. Yearly dues are \$20.00. Weekly dues are \$2.00.

"WIN!" meets in room M every Thursday with weigh in between 10:00 – 10:30am and the meeting following until 11:00am. If you have any questions on how you can become a happier, healthier you please come to a meeting. We would be happy to have you!

Majority of our senior programs will be held in Room M with parking at the end of the building by the basketball hoops.

Did you know that you can save time and/or steps by paying for programs over the phone by using Debit/Credit Card? You can by calling 309-699-3923.

**IF YOU'RE SICK AND PLANNING  
TO GO TO AN EVENT,  
PLEASE STAY HOME.**



## **Home Extension of East Peoria**

### **Home & Community Education**

We have a gem of a group meeting right here and you are all invited to join in!  
Meet new people, learn, and help others at Home and Community Education.

This group, with an astounding 90+ year history, is inviting and welcoming new members to experience all this program has to offer. Under the guidance of Tazewell County Home and Education, an extension of the University of Illinois, this is one group to get involved with. A "4-H for grownups" as Home Extension describes it; the purpose of this program is education on topics regarding family, community, and home, along with community service to area worthwhile organizations like the Veterans' food pantry for Tazewell County.

You do not have to live in Tazewell County to participate and anyone is welcome to as a guest. Dues are \$20.00 for the year. Meetings are held at the Admin Building the first Thursday of each month. Meetings start at 11:00am and are over by approx. 2:00pm. Next meeting is on March 7, 2024. Please make sure to bring your own lunch. No meetings held in January 2024 or February 2024.



# FON DU LAC PARK DISTRICT SENIOR NEWSLETTER

**309-699-3923**

201 VETERANS DR  
EAST PEORIA, IL 61611

## January 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 <b>CLOSED</b>	2 Samba 10:00am-12:30pm Rm A Bingo 1:00-2:30pm Rm M	3 Mahjong 9:00am-12:00pm Rm A New Years Social 11:30am-1:30pm Rm F	4 Samba 10:00am-12:30pm Rm A WIN 10:00-11:00am Rm M Yahtzee 12:00-2:00pm Rm M	5
8 Hand & Foot 1:00-3:00pm Rm A	9 Samba 10:00am-12:30pm Rm A Bingo 1:00-2:30pm Rm M Coffee Painting 10:30-11:30am Rm M	10 Mahjong 9:00am-12:00pm Rm A	11 Samba 10:00am-12:30pm Rm A WIN 10:00-11:00am Rm M <b>Hong Kong Buffet, 11:00am-1:30pm Bus</b> Yahtzee 12:00-2:00pm Rm M	12
15 <b>CLOSED</b>	16 Samba 10:00am-12:30pm Rm A Bingo 1:00-2:30pm Rm M	17 Mahjong 9:00am-12:00pm Rm A <b>Riverfront Museum 9:30am-12:30pm Bus</b>	18 Samba 10:00am-12:30pm Rm A WIN 10:00-11:00am Rm M Yahtzee 12:00-2:00pm Rm M	19 Card Stamping 1:00-2:00pm Rm A
22 Hand & Foot 1:00-3:00pm Rm A <b>Dac's Smoke House, 4:00-6:30pm Bus</b>	23 Samba 10:00am-12:30pm Rm A Painting w/Joe 10:00am-12:00pm Rm F Bingo 1:00-2:30pm Rm M	24 Mahjong 9:00am-12:00pm Rm A Memory Therapy 10:30-11:30am Rm M	25 Samba 10:00am-12:30pm Rm A <b>Saxony Court, 9:30-11:30am Bus</b> WIN 10:00-11:00am Rm M Yahtzee 12:00-2:00pm Rm M	26
29 Hand & Foot 1:00-3:00pm Rm A Movie & Lunch 10:30am-1:30pm Rm M	30 Samba 10:00am-12:30pm Rm A Bingo & Breakfast 9:30-11:30am Rm M	31 Mahjong 9:00am-12:00pm Rm A <b>Peoria Thrift Stores 9:30am-3:30pm Bus</b>		

## February 2024

			1 Samba 10:00am-12:30pm Rm A WIN 10:00-11:00am Rm M Yahtzee 12:00-2:00pm Rm M	2
5 Hand & Foot 1:00-3:00pm Rm A <b>Kouri's Pub, 11:00am-2:00pm Bus</b>	6 Samba 10:00am-12:30pm Rm A Bingo 1:00-2:30pm Rm M	7 Mahjong 9:00am-12:00pm Rm A File of Life 10:30-11:30am Rm F	8 Samba 10:00am-12:30pm Rm A WIN 10:00-11:00am Rm M Yahtzee 12:00-2:00pm Rm M <b>Peoria Players 6:45-10:00pm Bus</b>	9
12 Hand & Foot 1:00-3:00pm Rm A Movie & Lunch 10:30am-1:30pm Rm M	13 Samba 10:00am-12:30pm Rm A Bingo 1:00-2:30pm Rm M	14 Mahjong 9:00am-12:00pm Rm A Valentines Day Party 11:30am-1:30pm Rm F	15 Samba 10:00am-12:30pm Rm A WIN 10:00-11:00am Rm M Yahtzee 12:00-2:00pm Rm M <b>Saxony Court, 5:30-7:30pm Bus</b>	16
19 <b>CLOSED</b>	20 Samba 10:00am-12:30pm Rm A Painting w/Joe 10:00am-12:00pm Rm F Bingo 1:00-2:30pm Rm M	21 Mahjong 9:00am-12:00pm Rm A Memory Therapy 10:30-11:30am Rm M	22 Samba 10:00am-12:30pm Rm A WIN 10:00-11:00am Rm M Yahtzee 12:00-2:00pm Rm M	23 Crafty w/Jackie 10:30-11:30am Rm A
26 Hand & Foot 1:00-3:00pm Rm A <b>Antiquing, 10:00am-4:00pm Bus</b>	27 Samba 10:00am-12:30pm Rm A Bingo & Breakfast 9:30-11:30am Rm M	28 Mahjong 9:00am-12:00pm Rm A	29 Samba 10:00am-12:30pm Rm A WIN 10:00-11:00am Rm M Yahtzee 12:00-2:00pm Rm M <b>Ke's Sports Bar, 4:00-6:30pm Bus</b>	

## March 2024

				1
4 Hand & Foot 1:00-3:00pm Rm A <b>Lunch &amp; Casino 11:30am-2:00pm Bus</b>	5 Samba 10:00am-12:30pm Rm A Painting w/Joe 10:00am-12:00pm Rm F Bingo 1:00-2:30pm Rm M	6 Mahjong 9:00am-12:00pm Rm A Memory Therapy 10:30-11:30am Rm M	7 Samba 10:00am-12:30pm Rm A Home Ext. 11:00am-2:00pm Rm L WIN 10:00-11:00am Rm M Yahtzee 12:00-2:00pm Rm M	8
11 Hand & Foot 1:00-3:00pm Rm A	12 Samba 10:00am-12:30pm Rm A Bingo 1:00-2:30pm Rm M	13 Mahjong 9:00am-12:00pm Rm A	14 Samba 10:00am-12:30pm Rm A WIN 10:00-11:00am Rm M Yahtzee 12:00-2:00pm Rm M <b>Saxony Court, 5:30-7:30pm Bus</b>	15 <b>Sweetwater Kitchen</b> <b>11:00am-1:30pm Bus</b>
18 Hand & Foot 1:00-3:00pm Rm A Movie & Lunch 10:30am-1:30pm Rm M	19 Samba 10:00am-12:30pm Rm A Painting w/Joe 10:00am-12:00pm Rm F Bingo 1:00-2:30pm Rm M	20 Mahjong 9:00am-12:00pm Rm A <b>Mystery Dinner 4:00-6:30pm Bus</b>	21 Samba 10:00am-12:30pm Rm A WIN 10:00-11:00am Rm M Yahtzee 12:00-2:00pm Rm M	22 <b>Bloomington Thrift Stores</b> <b>9:30am-3:30pm Bus</b>
25 Hand & Foot 1:00-3:00pm Rm A	26 Samba 10:00am-12:30pm Rm A Bingo & Breakfast 9:30-11:30am Rm M	27 Mahjong 9:00am-12:00pm Rm A <b>Circa 21 - 8:30am-6:30pm Bus</b>	28 Samba 10:00am-12:30pm Rm A WIN 10:00-11:00am Rm M Yahtzee 12:00-2:00pm Rm M	29





**THIS IS US**



# REGISTRATION FORM

<b>NAME:</b>	
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**January 2024**

[illegible]

February 2024

DATE	PROGRAM	COST	DATE	PROGRAM	COST

Form continued on back side

**Form continued on back side**

## February 2024

[illegible]

**March 2024**

[illegible]





# FON DU LAC PARK DISTRICT SENIOR NEWSLETTER

**309-699-3923**

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**To receive a newsletter of your very own, please drop off your name and address to the Front Desk of the Fon du Lac Park District Administration Center, by mail at 201 Veterans Drive, East Peoria, or by phone at 309–699–3923.**

**We welcome new attendees to any of our programs. Please join us! You will be glad you did.**

Jackie

## PLEASE SIGN ME UP FOR A SENIOR NEWSLETTER

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

Phone number: \_\_\_\_\_

Email Address: \_\_\_\_\_



## Fon du Lac Park District

201 VETERANS DRIVE • East Peoria, IL 61611  
(309) 699-3923 • (309) 699-3419 FAX

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*Return Service Requested*

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Brandon Wood Retirement Ctr ♦ Evergreen Senior Living  
Saxony Court Senior Living ♦ Serenity Assisted Living  
CEFCU ♦ Humana ♦ Hallmark Health Care of Pekin  
Washington Senior Living ♦ Interim Healthcare  
Synergy Home Care of Peoria ♦ St. Francis Woods  
Oak Street Health ♦ Fondulac District Library  
Liberty Village Pekin ♦ Liberty Village Peoria

**A BIG THANK YOU TO  
OUR SPONSORS**